MRI traceability of superparamagnetic iron oxide nanoparticle-embedded chitosan microspheres as an embolic material in rabbit uterus

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Choosing a suitable embolic material is important for the successful performance of embolotherapy. Unfortunately, no single embolic material is available for use in all embolization procedures. Accordingly, the biodegradability, contour (irregular or spherical), porosity, elasticity, and other characteristics of individual embolic materials may influence the efficacy of an embolization procedure.

Uterine fibroid embolization (UFE) is a therapeutic option in the management of symptomatic fibroids (1). Even though polyvinyl alcohol (PVA) particles are the most commonly utilized embolic material in UFE, their irregular shape and large granulometric size range may lead to clogs in the catheter or proximal portion of the target vessels. This may lead to incomplete occlusion of the target vessels and unpredictable outcomes.

To overcome this disadvantage, spherically shaped embolic materials were developed, including Embozene (CeloNova BioSciences, Newnan, Georgia, USA), Embosphere (Biosphere Medical, Rockland, Massachusetts, USA), Bead Block (Biocompatibles, Farnham, England), and Contour SE (Boston Scientific, Natick, Massachusetts, USA) microspheres. Because of their improved size calibration, these embolic materials were anticipated to provide more predictable and more controlled targeted vessel occlusion of a more complete and permanent nature. However, Contour SE (Boston Scientific) microspheres have not been commonly used for embolotherapy because they fail to maintain their spherical shape after embolization (2). The other commercial spherically shaped embolic products are not commonly used because of their high cost.

Accordingly, we investigated the use of chitosan microspheres as a new embolic material because they are available at a more competitive price and may offer more predictable and controlled target vessel occlusion. Chitin is a natural biopolymer obtained from the exoskeleton of crustaceans, and chitosan is obtained mainly from the deacetylation of chitin (3, 4). Chitosan can be easily formed into a spherical shape, and its safety and effectiveness as an embolic material has been demonstrated in a previous experimental study (3). The uniform size and spherical shape of chitosan make it possible for the material to penetrate more deeply into the blood vessels, without passing through the capillaries (5, 6). Chitin is biodegradable and chitin-based embolic microspheres were shown to be absorbed approximately 24 weeks after embolization of rabbit renal arteries, similar to PVA particles (3).

We chose the rabbit uterus for the embolization procedure. Rabbit uterus consists of different layers, including the endometrium, myometrium, perimyometrium, and extrauterine fat pad. Therefore, proportional distribution could be well presented according to different sizes of the embolic material. To determine the distribution of chitosan, we...
took advantage of superparamagnetic iron oxide nanoparticles (SPIOs), MRI contrast agents which can be embedded within embolic materials for easier tracing with MRI (7, 8).

To date, the exact location and distribution of embolic materials at lesion sites have yet to be elucidated, although CT and MRI are frequently performed to assess the outcomes of embolotherapy. Whether MRI can trace embolic materials at lesion sites and how much of the delivered embolic material can be found at targeted lesions have yet to be meticulously studied. Accordingly, the aim of this study was to determine the traceability of SPIO-embedded chitosan microspheres of two size ranges in rabbit uteri and compare it with that of PVA particles of similar sizes.

Materials and methods

Study animals

All experiments were approved by the Institutional Animal Care and Use Committee of our institution (CAUMD 10-1020) and were performed according to facility regulations on animal care and experiments. Thirteen adult female New Zealand white rabbits were used for these experiments. We divided twelve rabbits into four equal groups of three rabbits each. As uterine artery embolic materials, calibrated SPIO-embedded chitosan microspheres of two granulometric size ranges, 45–150 µm (Group I) and 300–500 µm (Group II), were compared with PVA particles (Contour, Boston Scientific) of similar sizes, 45–150 µm (Group III) and 350–500 µm (Group IV). In addition, one adult female New Zealand white rabbit was used to determine the normal anatomical features on angiography and MRI, and perform histopathologic evaluation.

Embolic materials

Glutaraldehyde (25% aqueous biological grade), chitosan (84% deacetylated, obtained from crab), tris (hydroxymethyl) aminomethane, sorbitan sesquioleate, iron standard solution for ICP (10,000 µg/mL of Fe in 4.2% [w/w] sesquioleate, iron standard solution for hydroxyethyl) aminomethane, sorbitan tristated, obtained from crab), tris (hydroxymethyl) aminomethane, sorbitan sesquioleate, iron standard solution for ICP (10,000 µg/mL of Fe in 4.2% [w/w] sesquioleate, an emulsifier. To make a homogenized, the microspheres were washed as described above. To prepare chitosan microspheres, 45–150 µm PVA particles, or 350–500 µm PVA particles, respectively. These where then sterilized until evenly distributed, transferred to 10 mL tubes, and allowed to cool until they formed a gel.

To determine whether SPIO-embedded chitosan microspheres can be observed by MRI, four of the above-described tubes were placed in one line in a rack. MRI was performed with a 3.0 Tesla whole-body scanner (Philips Achieva, Philips Medical Systems, Best, The Netherlands) with a head array coil comprising the following sequences: (i) T2-weighted turbo spin-echo imaging (repetition time, 3000 ms; echo time, 100 ms; thickness, 0.8 mm; field of view (fov) 150×150; flip angle, 90°) and (ii) T2*-weighted gradient echo imaging (repetition time, 700 ms; echo imaging (repetition time, 700 ms; echo
time, 9.6 ms; thickness, 0.5 mm; fov, 150×150; flip angle, 30°).

**Angiography and embolization protocol**

Uterine arterial embolization was performed in 12 New Zealand white rabbits weighing 3.6±0.7 kg each. To induce anesthesia, 5 mg/kg of tiletamine/zolazepam (Zoletil 50, Virbac, Seoul, Korea) and 2.5 mg/kg of xylazine (Rompun, Bayer Korea, Seoul, Korea) were intravenously injected. A 4 F vascular sheath (Pinnacle R/O introducer sheath, Terumo, Tokyo, Japan) was then inserted into the left carotid artery by surgical cutdown. Next, a 2 F microcatheter (Progreat α, Terumo) was advanced via vascular sheath and positioned in the distal abdominal aorta for initial nonelective pelvic angiography. Bilateral uterine arteries were then selected with a 2 F microcatheter (Progreat α, Terumo), individually. After selective catheterization of the bilateral uterine arteries, uterine artery angiography was carried out to enable identification of the vasculature and parenchyma of the uterus. Embolization was performed in free flow: 0.1 mL of each embolic material (PVA particles and calibrated SPIO-embedded chitosan microspheres) was suspended in 4.9 mL of a mixture of iodinated contrast medium (Visipaque, GE Healthcare, Princeton, New Jersey, USA) and normal saline (1:1, v/v); this mixture was diluted to a concentration, 3.5 to 4.0 times lower than that used in clinical practice (11).

To maintain homogeneous suspension of the particles, the mixture was agitated before each injection. The mixture was injected slowly under fluoroscopic guidance, using 1 mL Luer Lock syringes. Approximately 2 mL of saline was pushed into the microcatheter after each injection. When proximal arterial flow was greatly reduced under the fluoroscope, embolization was stopped. The end point was the same for all embolic materials. The procedure was applied equally for all uterine arteries. During the procedure, injectability of the particles through the microcatheter was estimated. The degree of resistance during injection was graded in consensus prior to the procedure by two interventional radiologists (B.K.K. and H.J.S. with 26 and 31 years of experience, respectively) according to the following scale: grade 0, saline-like injection; grade 1, resistance; and grade 2, catheter occlusion. The target injection grade for these procedures was grade 1 (1).

After embolization, all devices were removed and the carotid artery was tied with 3-0 silk. To prevent infection, cefazolin sodium (Cefamezin injectable, Dong-A Pharmaceutical, Seoul, Korea) was intramuscularly injected: a single dose of 100 mg/kg/day for three days after embolization.

**MRI protocol**

MRI for evaluation of normal anatomical features was performed in one rabbit that did not go through uterine arterial embolization. The other 12 rabbits were scheduled to undergo MRI one week after embolization. MRI examinations were performed with a 3.0 Tesla whole-body scanner (Philips Achieva, Philips Medical Systems) with a knee array coil. MRI was performed with the following sequences: (i) coronal T1-weighted turbo spin-echo imaging (repetition time, 412 ms; echo time, 10 ms; thickness, 2 mm; fov, 150×150 mm), (ii) coronal T2-weighted turbo spin-echo imaging (repetition time, 1956 ms; echo time, 100 ms; thickness, 2 mm; fov, 150×150 mm), (iii) sagittal T1-weighted turbo spin-echo imaging (repetition time, 1195 ms; echo time, 10 ms; thickness, 3 mm; fov, 120×120 mm), (iv) sagittal T2-weighted turbo spin-echo imaging (repetition time, 3773 ms; echo time, 100 ms; thickness, 3 mm; fov, 120×120 mm), (v) contrast-enhanced coronal T1-weighted turbo spin-echo imaging (repetition time, 525 ms; echo time, 10 ms; thickness, 2 mm; fov, 150×150 mm), and (vi) contrast-enhanced sagittal T1-weighted turbo spin-echo imaging (repetition time, 1232 ms; echo time, 10 ms; thickness, 3 mm; fov, 120×120 mm). About 0.2 mL/kg of gadoteric acid (Dotarem, Guerbet, Paris, France) was injected intravenously for the MRI contrast study. The flip angle was 90° through all sequences. To visualize the MRI findings of a normal uterus, the same sequences were obtained with contrast agent in one rabbit. All images obtained after the embolization procedure were compared with normal uterus images. The presence of embolization particles was assessed on T2-weighted MRI.

**MRI analysis**

Two radiologists (K.A.K. and S.Y.C. with nine and 10 years of experience, respectively) reviewed the images in consensus. The types of embolic materials were blinded to these two radiologists.

The MRI analyses were performed by focusing on the following findings in each group: signal change of the uterine body on T1-weighted, T2-weighted, and contrast-enhanced T1-weighted images; identification of the dark, low-signal intensity of the SPIO-embedded chitosan microspheres on T2-weighted images; any complications related to the embolization procedure on T1-weighted, T2-weighted, and contrast-enhanced T1-weighted images.

**Histopathologic analysis**

All rabbits were immediately sacrificed after completion of the MRI. Laparotomy along the linea alba was performed and pelvic exploration was followed. Visual inspection of the genital tract, bladder, and adjacent gastrointestinal tract was performed to evaluate the consistency of these structures among the rabbits and to identify necrosis. Next, the uterus and ovaries, including the peritoneal fat pads containing the afferent arterial system, were removed. All harvested organs were routinely fixed with 10% formalin for 24 hours and processed by paraffin embedding. Four sagittal 10 mm thick sections were obtained for each proximal uterine horn, 2 cm from the internal orifice of the cervix. Standard hematoxylin-eosin staining was then performed. Evaluated parameters were followed: the presence and number of embolic materials, the distribution of the embolic materials according to the layers of the uterus (i.e., endometrium, myometrium, perimyometrium, and periuterine fat pads), and the diameter of the occluded artery. The extent of necrosis in each slice was also evaluated.

The pathologic evaluations were performed by a pathologist (S.U.H.) on all specimens using light microscopy. The pathologist was blinded to the type of embolic material used.

**MRI traceability of SPIO-embedded chitosan microspheres as an embolic material**
Statistical analysis

Statistical analysis was performed using the SPSS statistical package for Windows, version 20.0 (IBM Corp., Armonk, New York, USA). The percentage of pathologic infarction and occluded vessel diameter were analyzed using the Mann–Whitney test according to the embolic materials. A P value of <0.01 was deemed to indicate a statistically significant difference.

Results

Under light microscope, calibrated SPIO-embedded chitosan microspheres of 300–500 µm were globular or elliptical in shape and uniform in size (Fig. 1a). They were darker than the blank chitosan microspheres of 300–500 µm (Fig. 1b).

In MRI phantoms, large-sized calibrated SPIO-embedded chitosan microspheres were vaguely detected on T2-weighted images. Neither small-sized calibrated SPIO-embedded chitosan microspheres nor small- or large-sized PVA particles were detected on T2-weighted images (Fig. 2a). Both small- and large-sized calibrated SPIO-embedded chitosan microspheres were detected on T2*-weighted images; no PVA particles of any size were detected (Fig. 2b).

Uterine arterial embolization was performed in 12 rabbits. A schematic image of the uterine artery in rabbits is shown in Fig. 3a. Superselective catheterization and free-flow embolization of the bilateral uterine arteries were successfully achieved in all animals (Fig. 3b, 3c). No catheter occlusion was observed in any group. The injection grade for all procedures was grade 1. One rabbit in Group IV died suddenly of an unknown cause six days after embolization.

Postembolization MRI was performed in 11 of 12 animals, excluding the one in Group IV that died six days after embolization. MRI findings of the normal rabbit uterus showed low signal intensity on T1- and T2-weighted images and high signal intensity on contrast-enhanced T1-weighted images (Fig. 4a–c).

Meanwhile, embolized uteri showed increased signal intensity on T1- and T2-weighted images and decreased enhancement on contrast-enhanced T1-weighted images (Fig. 4d–f).

Among the groups, effective signal intensity changes were noted in two rabbits in Group I, three in Group II, two in Group III, and none in Group IV (Table 1). SPIO-embedded chitosan microspheres were seen as dots of dark signal intensity on T2-weighted images (Fig. 4e).

In gross pathology, all uterine specimens in all groups showed diffuse volume shrinkage. One of the uterine specimens in Group I, three in Group II, and two in Group III showed diffuse or multifocal hemorrhagic infarction. Three specimens in Group II showed
intra-abdominal adhesion. One specimen in Group III showed combined right-sided hydronephrosis.

Histopathologic analysis of the specimens from Group I and II revealed the presence of embolic materials in the endometrium, myometrium, and perimyometrium. In contrast, no embolic material was found in the endometrium or myometrium of the specimens from Group III or IV (Figs. 5, 6). One PVA particle in a Group III specimen was found in the perimyometrium, while all other particles in Group III and IV specimens were found in the periuterine fat pads (Figs. 5, 6). In addition, infarction ratios changed significantly with different size of SPIO-embedded chitosan microspheres used in Group I and II ($P = 0.001$); similarly, occluded vessel diameter changed significantly with different size of SPIO-embedded chitosan microspheres used in Group I and II ($P = 0.001$) (Table 2).

**Discussion**

In the present study, chitosan microspheres penetrated more deeply than PVA particles, and more notably, a correlation was observed between the chitosan microsphere particle size and the occluded vessel diameter. In contrast, no correlation was observed between the PVA particle size and the occluded vessel diameter, and despite their small size, PVA particles failed to penetrate the uterus. In fact, most PVA particles were found outside the uterus. Based on these results, we suggest that chitosan microspheres could potentially be used as a new embolic material. Gross pathologic examination showed intra-abdominal adhesion in Group II rabbits, indicating the effectiveness of the chitosan microspheres as an embolic material.

**Table 1. Signal change in the MRI of four groups after bilateral uterine artery embolization**

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Embolic materials: Group I, SPIO-embedded chitosan microspheres (45–150 µm); Group II, SPIO-embedded chitosan microspheres (300–500 µm); Group III, PVA particles (45–150 µm); Group IV, PVA particles (350–500 µm).

N/A, not applicable; CE-T1, contrast-enhanced T1 sequence; Particle (T2), detection of embolic material on T2-weighted sequences.

*MRI was not performed in this animal because of sudden death.

**Figure 4. a–f. MRI analysis of the normal and embolized (Group I) rabbit uterus.** Coronal T1-weighted image (a) and T2-weighted image (b) of the normal rabbit uterine body show low signal intensity (arrow). Contrast-enhanced coronal T1-weighted image (c) shows bright enhancement of the normal rabbit uterine body (arrow). Coronal T1-weighted image (d) shows intermediate signal intensity of the uterine body after embolization (short arrow). Dots of dark signal intensity reveal the SPIO-embedded chitosan microspheres (e, long arrow). Contrast-enhanced coronal T1-weighted image (f) shows decreased enhancement of the uterine body after embolization (arrow).
tosan microspheres in the embolization procedure. However, this post-procedural adhesion may produce harmful results when applied to an organ consisting of a thin parenchyma such as a hollow viscus. Therefore, we conclude that solid organs are more suitable for embolization by chitosan microspheres than thin-walled hollow viscus. We used rabbit uterus in our experimental setup, but other solid organs such as liver and kidney could be suitable for embolization using this new material. We suggest that transarterial chemoembolization, traumatic arterial bleeding in the liver, kidney, or spleen, benign tumorous conditions such as angiomyolipoma or arteriovenous malformation are suitable clinical indications for using chitosan microspheres.

The goal of UFE is to produce hemorrhagic infarction of fibroids while maintaining endometrial and myometrial perfusion (12–14). Chitosan microspheres of both size ranges were able to deeply penetrate the inner uterus. In gross pathology, the total number of embolic particles that penetrated the uterine body was higher in Group I than in Group II. However, MRI and gross pathology showed the presence of hemorrhagic infarction in all Group II uteri. In addition, a larger portion of vessels were occluded in Group II than in Group I. Accordingly, the percent infarcted area was higher and the embolization effect was superior for Group II compared with Group I. Although the percentage of pathologic infarction was highest for Group III, no definite intra-abdominal adhesion was found upon gross inspection. This may have resulted from a greater inflammatory reaction to chitosan microspheres than to PVA particles (3).

One specimen from Group III showed right-sided hydronephrosis on gross pathologic evaluation. In rabbits, the uterine artery branches off to supply the ureters, urinary bladder, and vagina. In the embolization procedure, a microcatheter tip was positioned at the ostium of the main uterine artery. Therefore, some of these branch vessels could have been occluded during the embolization procedure, which may have led to hydronephrosis after the embolization.

| Table 2. Comparison of pathologic infarction area and occluded vessel diameter in study groups |
|-----------------------------------------------------|-------------------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|-----------------|
| Group I | Group II | P | Group III | Group IV | P |
| Pathologic infarction (%) | 11.2±28.1 | 32.8±28.4 | 0.001 | 49.8±36.8 | 19.4±31.1 | 0.006 |
| Diameter of occluded vessel (µm) | 1.65±1.08 | 2.55±1.17 | 0.001 | 1.69±1.83 | 1.8±0.07 | 0.505 |

Mann-Whitney U test was used in statistical comparison. *Data are presented as mean±standard deviation.

Figure 5. a–d. Photomicrographs of rabbit uterine arteries filled with various embolic materials (hematoxylin-eosin staining; original magnification, ×400). Group I (a) and II (b) SPIO-embedded chitosan microspheres are present in the arterial lumen and appear spherical and homogeneous in structure. Group I microspheres (a) are present in the endometrium, while Group II microspheres (b) are present in the myometrium. Group III (c) and IV (d) PVA particles are present in the arterial lumen in extraterine fat pads and appear to have irregular shapes.

Figure 6. Schematic drawing of embolic material distribution as detected during the pathologic evaluation of the four groups. The number of dots is equal to the number of embolic particles found during the pathologic evaluation of each group. E, endometrium; M, myometrium; P, perimyometrium; F, extraterine fat pad.
After UFE, MRI is commonly used for follow-up imaging to assess the effectiveness of embolization and to identify any complications. The ability to detect an embolic material on follow-up imaging may be helpful in estimating its distribution. In this study, we embedded SPIOs in chitosan microspheres and evaluated their detectability by MRI after the embolization. The pathology results revealed that small-sized SPIO-embedded chitosan microspheres penetrated more deeply than the large-sized microspheres. In addition, a greater number of small-sized SPIO-embedded chitosan microspheres than large-sized microspheres were able to penetrate the tissue. Therefore, small-sized, SPIO-embedded chitosan microspheres may be able to form clusters deep inside the tissue, making them detectable on follow-up MRI. In the phantom study, the SPIO-embedded chitosan microspheres could be distinctly detected on T2*-weighted images and detected only vaguely on T2-weighted images. In the in vivo study, few small-sized SPIO-embedded chitosan microspheres could be detected on T2-weighted images. This discrepancy may have resulted from the differences between in vivo and in vitro studies. Unfortunately, clinical application of T2*-weighted images for evaluation of the uterus in humans is limited by the low spatial resolution of this technique. However, detailed adjustment of imaging parameters may allow for SPIO-embedded chitosan microspheres to be traced on T2*-weighted images.

A limitation of our study was the small number of animals used, but it is the first study to describe the use of calibrated SPIO-embedded chitosan microspheres in the embolization of rabbit uteri.

In conclusion, we showed that the calibrated SPIO-embedded chitosan microspheres allowed for more segmental arterial occlusion than that achieved with the PVA particles and showed great potential as a new embolic material, traveling more distally into blood vessels. Moreover, the level of arterial occlusion was associated with the size of the SPIO-embedded chitosan microspheres. The detection of SPIO-embedded chitosan microspheres by MRI might be of use in evaluating the distribution of embolic materials.

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Conflict of interest disclosure
The authors declared no conflicts of interest.

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